

# PARRY'S GYMNASTICS

## OPEN GYM NIGHTS



- WHAT:** A general session to practice your skills and routines.
- WHO:** Girls ages 6 & Up who are **enrolled in at least one weekly class** session may attend. A friend may come with you one time without being enrolled in a class. (*A release form & open gym fee is required for your friend to participate*).
- WHEN:** Fridays 6:30-7:30 PM.
- WHERE:** Parry's Gymnastics Center, 8512 Route 57, Baldwinsville, NY 13027
- COST:** \$10 per week / pay at the door.
- DETAILS:** This is a general practice session **not an instructed class**. There is no promise of student / teacher ratio. An instructor will supervise **OPEN GYM** as girls practice skills and routines learned in weekly classes. No skills may be practiced which have not already been worked on in your weekly class sessions. **OPEN GYM may not be used for make-ups.**

### LET US KNOW YOU WILL BE ATTENDING!

Please **sign the sheet at the desk** each week to let us know you will be at the next **OPEN GYM**. If no one signs the sheet at the desk, **OPEN GYM** will not be conducted that week. You may also notify us you plan to attend the **OPEN GYM** on a particular Friday by calling or texting us at: (315) 383-0707. Contact us via email at: [gm33@twcny.rr.com](mailto:gm33@twcny.rr.com).